

Eucalyptus
Admire the 3 tall Eucalyptuses which locals circle three times around their trunks for good luck!



Piteira
This cacti-like plant grows a stem in its middle to spread its seeds.



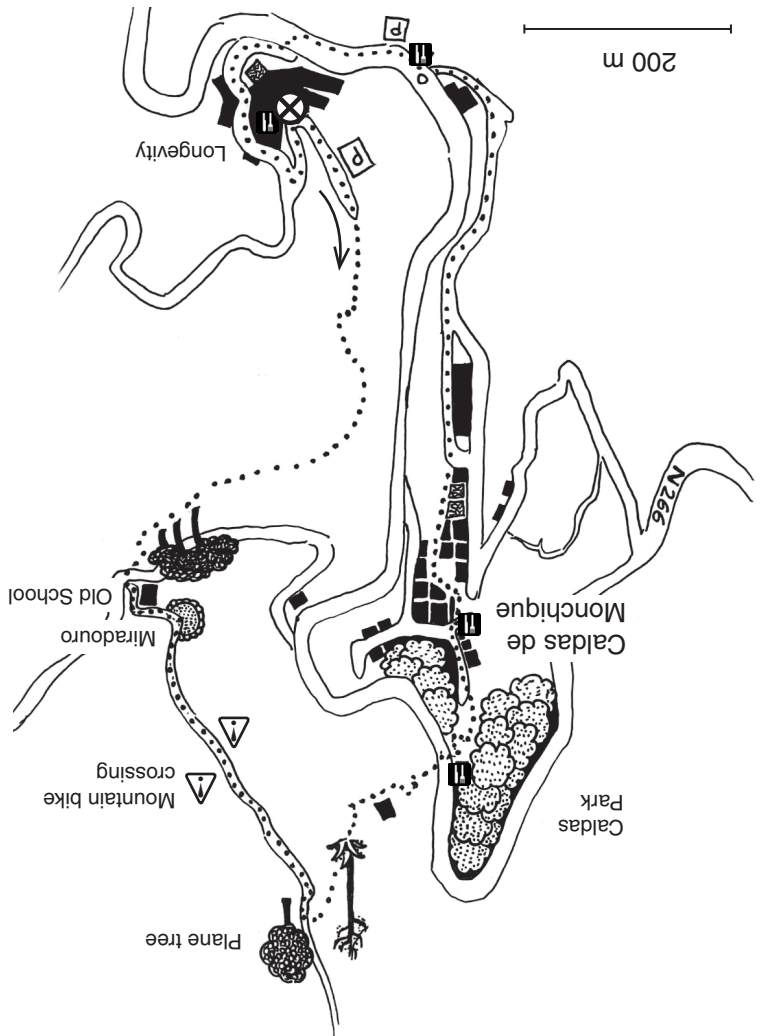
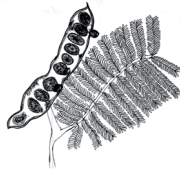
Domestic Pines
Maybe you are lucky enough to come in Pine season to nibble on these delicious nuts.



Medronho Plants
These orange and red glowing berries make 'Medronho', the local firewater.



Cassia trees
Also called *Chinese Cinnamon* - common along the route. Can you smell them?



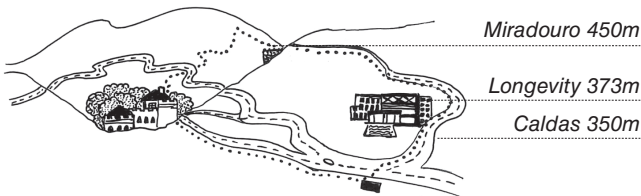
CALDAS DE MONCHIQUE

1hr Round trip
Not marked
Medium difficulty

On this beautiful walk, you will see a large variety of aromatic plants - many used for natural remedies - and experience Monchique's unique micro climates.



This map is a prototype for the Veredas de Monchique, a project to foster and maintain a network of trails. Become a Monchique walker and get involved directly in improving the maps and themed trails by rating them on www.veredasmochique.wordpress.com



Start at Caldas de Monchique or Longevity ⊗.

Pass Longevity's main entrance, bear right uphill passing Xisto stone, Cassia and Medronho trees.

Cross the road, walk past the old school and enjoy the scenes from the viewing platform [Miradouro].

Continue past white Eucalyptus trees and domestic Pines. Take care of the mountain bike crossing.

By the Plane tree turn left down a footpath. After a small forest find yourself on desert terrain.

Follow the footpath past the abandoned house, cross the road and walk down into Caldas Park with its 'Fountain of Love'.



Do the local thing. A picnic in Caldas Park with grilled sardines and medronho.

This map was created with support of

